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AZORÍN. C/ Molino, 44 968 751 444

BAR GAGGIA C/ Arcipreste Esteban Díaz, 85 648 143 005

BARRABÁS PINTXOS. C/ Arcipreste Esteban Díaz, 57

CANDILEJAS. C/ Alfarería, 7 968 958 299

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EL BARE-TITO. C/ San Antonio, 38 656 94 83 89

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EL OLIVO DE JAÉN. Pza. García Lorca, 3 968 753 061

EL VENTORRILLO. C/ Concepción Bajo, 5 628562671

C/ San Ramón, 85

LA TASCA DE ANA.

C/ San Francisco, 2

968 796 981

LA FAMILIA

C/ Salzillo, 2 691 449 441

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LA ZARANDA

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LÍO BAR.

625 82 71 59

LOS PIRRIKIS.

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TAPEO BAR.

968 794 877

TEJOTA.

TENIS.

TINO.

649 627 000

C/ Hospital, 42

968 790 341

968 796 354

C/Trinquete, 53

MESÓN LA PARRA.

MESÓN DE MARÍA.

Calle de la Rambla, 45

C/ Niño Jesús, 39 bajo

TABERNA GARRUDO.

C/Corrredera, 10

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968 752 064

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Paraje Fuente del Pinar

615 212 633

PACHAMAMA C/ Pintor Juan Albert, 36 33 35 37

EN 🗮

Gastronomy

Photographs provided by Restaurante Los Chispos, Restaurante Aurora, Arroceria Club de Tenis, Pastelería

Mari Rosi y Ayuntamiento de Yecla.



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THE FOOD **MARKET**

> MERCADO CENTRAL Calle Concejal Juan Sebastián Pérez

MERCADO SAN CAYETANO

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Yecla has its roots in viticulture and the elaboration of wines which have etched its landscape, its culture and the personality of its people. It is the only Designation of Origin in Spain made up of the lands of a single municipality, which gives the designation its name: Yecla. It is a very dynamic designation with a great exporting vocation, since around 92% of its production is sold outside of Spain.

It is present in more than 40 countries around the world. If there is a single distinctive symbol of this **Designation**, it is without any doubt the native variety, **Monastrell**. It is a vine with a demanding growing process which requires the specific conditions of the area in order to express the full potential which is conveyed through our wines. These are wines with an intense colour, very expressive and fruity to the nose, with lively tannins on the palate and a great structure.

More information: yeclavino.com

Associated wineries

BODEGAS ANTONIO CANDELA e HIJOS Avenida de la Paz n.º 58

bodegasantoniocandela.com emartinez@bodegasantoniocandela.com **ENRIQUE TRENOR Y LAMO DE ESPINOSA**

Paraje de las Balsillas sn. 968 790 138 bodegasetrenor@telefonica.ne

968 790 281

BODEGAS SOCIEDAD AGRICOLA VIÑAVISTA

Finca Buena Vista. Carretera de Pinoso Km. 14,5 comercial@joseruizmarco.com

BOQUERA DEL CARCHE

Paraje Boquera del Carche 605 409 040 wineri@casaboquera.com

VIÑEDOS CASA DE LAS ESPECIAS

Carretera de Fuentealamo Km.13,5 627 088 572 info.vinoscdle@gmail.com

A destination full of experiences

YECLA RUTA DEL vino ENOLÓGICO Vinodespaña

It has remarkable establishments participating in the route, such as hotels, rural guest houses, wineries, oil presses, restaurants, wine bars, travel agencies and cattle and fighting bull farms which give us the opportunity to enjoy the gastronomy, unique landscapes, historical and artistic heritage, vineyards and above all our excellent wines

Throughout the year the Wine Route organises several events to bring to light the culture, wines, gastronomy and much more of the town. Here are the ideal moments to get to know Yecla and its Wine Route.

For more information: rutadelvinoyecla.com

Food and Wine Events

March: Tapas and Wine Route. June: Monastrell Harvest Weekend.

September: Grape Harvest Festival and "Pisa de Uva" (trampling of the grapes) November: European Wine Tourism Day: Red Wine Night and Wine Tourism

Marathon.



Establishments associated with Yecla Wine Route.

BODEGAS SEÑORIO DE BARAHONDA Carretera de Pinoso. Km. 3. Finca la Castañona info@barahonda.com

barahonda.com **BODEGAS CASTAÑO** Carretera de Fuentealamo nº3

info@bodegascastano.com

bodegascastano.com

968 791 115

BODEGAS LA PURISIMA Carretera de Pinoso sn.

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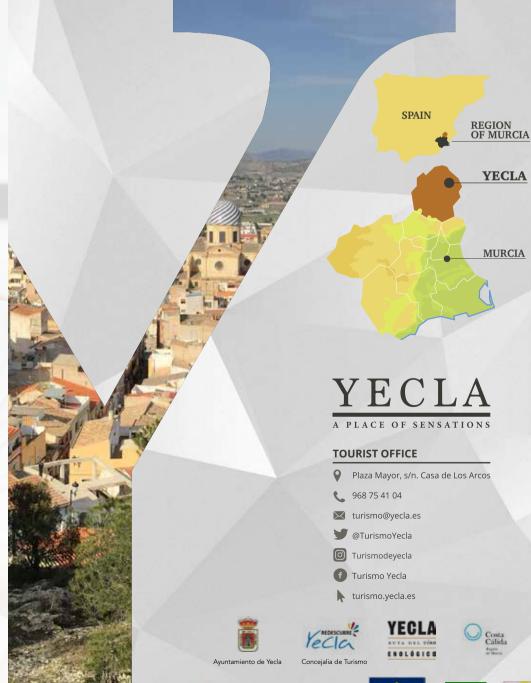
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Camino de Sax. Km. 7,5. Paraje las Cabezuelas. 653 997 673 info@bodegasevine.com bodegasevine.com



ECLA

A PLACE OF SENSATIONS



GACHASMIGAS



Ingredients (8 people):

- 1 kg flour
- ¼ litre of oil - 3 heads of garlic
- Salt (to taste)
- Water (as needed)

Like gazpachos and tortas fritas, these have their origin in Arabic cuisine, which was very rich in flour-based foods. They look like pancakes with a golden crust and are usually eaten right from the pan, washed down with lots of red wine and tangy condiments

Do not peel the garlic cloves, but make a small notch cross-wise so they don't jump in the pan.

Sauté them in a pan and when they take on a golden colour, add the flour, mixing well until it has absorbed all the oil. Once the flour is fried, add water and salt to taste moving the pan all the time.

Continue cooking, beating continuously until it has set. When mixture is thick enough, flip the cake in the air, turning the dough over in the pan. Finally, when it looks like a Spanish omelette, keep it on the heat so it browns.

Finish by flipping the cake a couple of times in the air. Serve and eat hot, grabbing it with chunks of bread. Can be paired with bacon and sausages or fried cold cuts

Time of the year:

Winter, especially on rainy days

TORTAS FRITAS



Ingredients:

- 500 gr flour
- Splash of oil (in addition to oil for frying)
- 1 cup of water
- Cake yeast

An extremely easy dish consisting of yeast-risen dough that is fried in a generous amount of oil. Can be eaten with sugar, salt, anchovies, honey, and necessarily a good rosé.

Make the dough following the recipe for empanadas.

Knead until the dough is no longer sticky. After the dough has risen, divide it into small balls, each of which will become a cake. With a rolling pin, roll them out to the size and thickness of a dessert plate. Fry them in a generous amount of oil, removing them from the pan when they have browned on both sides.

LUNCHES

GAZPACHOS



Ingredients (10 people):

- 5 gazpacho cakes - ½ kg rabbit
- ¼ kg chicken
- ¼ kg button mushrooms - 1 red pepper
- ¼ kg spinach
- Tomato puree Land snails
- ¼ litre oil Salt to taste
- Gazpachos in the plural is the most characteristic

dish, reaching delirium in Yecla according to the gourmet José Briz. This dish won the Premio Nacional de Gazpachos in the competition in Enguera. Its final appearance, with the dish poured on the cake, is unique and the taste is delicious. Accompany them with a good red wine, spring onions, and tangy condiments.

Directions:

Heat the oil in a pan and sauté the pepper. As soon as it is well cooked, remove it and then fry the meat. Add the tomato puree followed by the spinach and mushrooms. When everything is cooked, add the water and snails. Let boil for half an hour on high and then add the cake (a handful per person, torn into small pieces). Let cook another 15 minutes.

Time of the year:

Winter.

POTAJE DE GARBANZOS CON ALBÓNDIGAS DE BACALAO (Chickpea soup with fish balls)



Ingredients for the fish balls:

- ¼ kg cod
- Bread crumbs and the crust from two rolls
- · 4 eggs · Sautéed onio
- Oil
- Peppe Parsley
- · Salt

Ingredients for the chickpea soup:

- Pumpkin
- · Chickpeas · Swiss chard
- 2 heads of garlic
- 500 ar peas
- 4 or 5 tender artichokes - 1 grated tomato
- Paprika - Oil
- Salt

Directions for the fish balls:

Soak the bread crusts in water. Flake the cod, which was cut into large pieces and soaked in water overnight. Peel the onion, cut a piece and mince it. Begin to sauté the onion and then add the fish, mixing it several times. Remove to a suitable bowl off the heat and add the bread crumbs and drained crusts to the fish. Add the eggs and spices, mixing everything well. Form the fish balls and fry them in

Directions for chickpea soup:

Fill a pot with water and bring to a boil. Add the chickpeas and sautéed artichokes, leaving only the hearts, in which two shallow slits have been made in the form of a cross. Add the sautéed tomato. onion, and chopped pepper, garlic, and paprika. Let cook, and add the fried fish balls during the last five minutes. Simmer.

Time of the year:

Throughout the year, and during Easter in

COCIDO (Stew)



Ingredients:

- Stew mix (chicken, veal, lamb, and ham tips)
- 500 gr potatoes
- 500 gr chickpeas - 250 gr green beans
- Cardoon stalk - Pieces of chorizo and/or firm blood sausage
- 2 handfuls of pasta for the soup

Bring water to a boil in a large pot. Meanwhile peel the potatoes and cut them in half. Wash the cardoon stalk and green beans and chop them. Add the chickpeas (which were soaked overnight) to the boiling water, along with the potatoes, cardoon, green beans, and meat (all of them raw) Salt to taste. Once everything has cooked through, remove from the heat. Remove the broth to a pot and add the pasta to prepare a soup. Serve the soup first, followed by the stew, and then the meat.

Time of the year:

RELLENO (Meat balls in broth)



Ingredients: - 500 gr ground pork

- · 4 eggs
- 250 gr bread
- · 100 gr pine nuts 1 lemon, grated and drained
- 1 splash of cognac
- Stew broth Pepper
- Clove - Parsley
- Salt
- Nutmeg

This is the main course of the gastronomy in Yecla. Balls the size of tennis balls, boiled in broth made from the traditional stew.

Directions:

Place the bread crumbs, salt, spices, grated lemon, parsley, and pine nuts in a bowl. Mix and add the ground pork, eggs, soaked bread crusts, a splash of cognac, and the broth. Mix well by hand and then form the mixture into balls. Cook them in the broth over medium heat for about 45 minutes.

Time of the year:

Preferably when it is cold outside, and especially on holidays such as the Feast of the Immaculate Conception

QUESO FRITO CON TOMATE (Fried cheese with tomato sauce)



- Green pepper Fresh cheese
- Oil
- Pinch of sugar

Fried goat cheese paired with fried tomato and green pepper is an extraordinarily simple but exquisite combination. Pair it with white wine or

Directions:

Fry the cheese in a small pan with a generous amount of olive oil. Once browned, remove it to a dish. Cut the peppers into small pieces, fry them, then add the grated tomato. Salt to taste and add a pinch of sugar just before removing from the heat to cut the acidity. Serve the cheese covered with the tomato sauce.

Time of the year: Year round.

PATATAS EN CALDO (Potatoes in broth)



Ingredients (for 8 people):

- 4 potatoes
- 3 garlic cloves
- 1 grated tomato - 2 slices of red pepper
- Bay leaf
- 2 slices of cod
- 2 eggs - Oil
- Salt
- Sweet paprika **Directions:**

In a pot of hot oil, fry the cod, which was previously desalted in water for several hours and rolled in flour. Fry the red pepper, minced onion, smashed garlic cloves, and grated tomato. Then fry the potatoes with a bit of sweet paprika. Lastly, add water and one bay leaf and let boil 30 to 45 minutes. Finally, add the cod and everything except the egg, which is added during the last 10 minutes of cooking. Finally, prepare some garlic mayonnaise and serve it in a bowl. To finish the dish, remove the cod, pepper, and egg from the pot. Chop the pepper and egg and flake the fish, and serve it with a splash of oil as a second course. This stew is also delicious if made with uncooked ingredients.

Time of the year: Winter, preferably

ARROZ CON CONEJO Y **CARACOLES** (Rice with rabbit and snails)



Ingredients (for 4 people):

- 1 rabbit
- 400 gr rice - 2 dozen snails
- 1 ripe tomato 1 generous cup of oil
- 1 red pepper
- Parsley Saffron
- Salt

Water and lemo

A typical rice dish from the district of Raspav. an illustrious gourmet has called it the best rice dish in Spain. The unique flavour of this paella, with the rice cooked in a thin layer, is due to the extremely flavourful mountain snails and farmyard rabbit, as well as the art of making something splendid from simple ingredients.

To prepare the rice and rabbit with land snails,

Directions:

The right pairing is a young mourvèdre.

the first step is to wash the snails well and cook them in a pot. Then prepare the paella pan. Cover the bottom with a generous amount of olive oil and begin heating it. Salt the rabbit pieces and cook them slowly until they are done. Once the meat has browned, add the pepper, which has been deseeded and cut into strips. Let cook a minute more, but do not let it burn. In the same pan, sauté the grated tomato. Add the rice and sauté lightly, then add the water (3 parts water to one part rice). When it begins to boil, add the saffron, parsley, salt, and snails, and continue to boil for 20 minutes. Then lower the heat in stages, turning it off after 10 minutes. Let rest, covered, for 5 minutes.

Time of the year: Year round.



EMPANADAS DE PATATA

(Potato empanadas)

Ingredients for the filling:

- 1-1/2 kg potatoes
- 250 gr canned tuna
- 5 eggs - 500 gr canned red pepper
- Parsley - Pine nuts

Ingredients for the dough:

- Flour (as needed) - 2 cups white wine
- 1 cup oil
- Saffron or colouring

Directions:

Place the flour in a suitable bowl. Make a well in the centre and add the oil and white wine, which was previously warmed in a pot (without coming

Mix the flour with the rest of the ingredients (salt and saffron) until the dough is no longer sticky. Knead well. Using your hands, spread out individual cakes of dough to the size and thickness of a dessert plate. Peel, wash, and cut the potatoes into thin rounds, and fry them

Remove them to a dish, draining the oil well in doing so. Cut the peppers into thin strips and mince the parsley. Hard boil four eggs and then cut them into small pieces.

Mix the potatoes with the peppers, parsley, egg,

tuna, and pine nuts. Spread this mixture (about two tablespoons) on half of each cake, folding over the other half and pinching the edge with your fingers to seal it. The empanada can also be shaped with a roller

knife to cut the edges. Finally, beat the remaining

egg and, using a brush, paint the empanadas with

 2 bay leaves *Follow the same procedure for the tomato empanadas, replacing the potatoes with fried

Time of the year:

it. Bake them in the oven.

Originally during Easter, they are now enjoyed throughout the year.

ARROZ Y PATAS DE CERDO (Rice and pig's feet)



Ingredients (8 people):

- 4 feet in small pieces - 1 handful of soaked chickpeas
- 1 red pepper - 1 grated tomato - 750 ar rice - 1 head of garlic

Directions:

- Olive oil

Cook the pig's feet and chickpeas in a pot until everything is tender. In a paella pan, sauté the garlic, red pepper, and grated tomato. Add the rice and toast it lightly, then add the broth. Let boil 18

Time of the year: Winter, preferably.

MIGAS

Ingredients:

- 1 Kg bread
- 1 head of garlic - 1 green pepper
- ¼ litre of oil

Directions:

Soak the bread for 15 minutes, then drain it. Heat the oil in a pan and when it is very hot, fry the garlic. Remove it and fry the green pepper Remove this as well. Add the bread, which has been drained well, turning it so it doesn't burn. When it has cooked about halfway, add the pepper and garlic and cook until browned. This dish is served accompanied by grapes.

Time of the year:

Year round, but preferably in winter.

ARROZ CON LENTEJAS (Rice with lentils)



- Ingredients (for 4 people):
- 3 handfuls of rice - 1 handful of lentils
- 250 gr spinach - 1 tomato
- 1 head of garlic - 1 turnip

Place the turnip, lentils (which have been soaked overnight), and bay leaf in a pot and cover with water. Let cook until the lentils are soft. Then heat some oil in a pan and sauté the garlic, minced onion, and grated tomato. When this is cooked, add it to the pot with the other ingredients. Midway through the cooking time, add the spinach, and

Time of the year: Year round.

ARROZ CALDOSO (Wet rice)

add the rice once the lentils are cooked.



Ingredients (4 people):

- ½ kg rabbit - 1.5 l water - 4 handfuls of rice
- 1 grated tomato - 1 dozen snails Olive oil - Minced parsley

Directions:

Heat the oil in a pan and fry the rabbit. Once it has browned, add the tomato and cook for a few minutes. Add the parsley, water, and snails. Let

boil half an hour and then add the rice, cooking for

Time of the year: Year round.

another 10 minutes.

LIBRICOS

DESSERTS

MANTECADOS

Ingredients:

460 gr sugar

· 460 gr lard

Lemon zest

Directions:

Ground cinnamor

sugar mix and bake

Time of the year:

Christmas.

- 375 ml oil

· 2 eggs

Wheat flour (as needed)

Juice from half a lemor

Knead the lard and then add the oil, sugar, lemon

zest, juice, and egg yolks. Add enough flour to make

a dough that is neither too soft nor too firm and then

knead it well. Spread out the dough, forming a cake

with the desired thickness, and then cut out the

biscuits. Beat the egg whites until firm, add three or

four spoonfuls of sugar, and mix. Dredge the biscuits

in the meringue, powder them with the cinnamon-

PAN BENDITO (Blessed buns)

Ingredients (for 1 large loaf):

Mix together all the ingredients except the flour.

Add this slowly as the dough is mixed. Let the

dough rest so it rises. Once it has risen, separate the

part of the dough that is firmer or kneaded more and

form a ball with the rest, shaping it into a loaf. With

the remaining part of the kneaded dough, make

small leaves, roses, or balls that will then be used

to decorate the bread. Lastly, using a brush, paint

the bread with a simple syrup (water and sugar) and

· 1.5 ka flour

- 375 gr sugar

· 400 ml milk

- Cake yeast

Directions:

- Lemon and orange zest

Juice from 3 oranges

Time of the year:

Festival of San Blas.

- 400 ml oil

- 3 eggs



These sweets stand out among the characteristic

desserts. Made by hand according to a recipe passed

down from generation to generation, these consist

of layers of very crunchy rectangular embossed wafers and honey with deep flavour and aromas.

Powder with sugar and serve.

ROSCOS DE VINO (Wine biscuits)



Ingredients:

- 2 cups of oil
- ¼ kg sugar - 2 cups white wine
- 10 sachets of raising agent (5 baking soda, 5 baking powder)
- 1 small cup of anisette

of baking soda. Make a well in the centre and add the wine, anisette, and oil. Mix and add the sugar and grated lemon. Knead the dough well. It should remain soft

180°C. Icing sugar can be sprinkled over the top

Time of the year:

Year round



Time of the year:

Winter and Christmas. PAN, VINO Y AZÚCAR



A slice of bread soaked in wine and sugar, this typical snack was once served to children.

BUÑUELOS (Fritters)

Ingredients

- 460 gr flour
- 250 ml milk
- 3 eggs

Separate the eggs and beat the whites until firm

quite hot. Fry spoonfuls of dough. That is, take a spoonful of dough and place it in the oil, removing the spoon when the dough comes unstuck. In this way, the buñuelo will have the shape and size of a spoon

Remove from the heat when golden on both sides

Time of the year: Preferably in winter



- 1 kg flour

- 1 grated lemon Directions Place the flour in a bowl along with the five sachets

Add the five sachets of baking powder and finish kneading. Using a rolling pin, roll out the dough and cut out the wheels. Bake for half an hour at

while they are still hot

HIGOS FRITOS (Fried figs)

Ingredients:

- Dried figs - Cinnamo
- Water - Oil

Directions Place the figs in water for half an hour, drain them. and dip them in a batter made of flour, water, and sugar. Fry them in hot oil and serve hot or cold. An



Directions

- Sugai

Mix them with the milk and egg yolks. Heat a generous amount of oil in a pan until

